

Backpacking the Long Path

By Ed Walsh

*Afoot and light-hearted I take to the open road,
Healthy, free, the world before me,
The long brown path before me leading wherever I choose.*

—Walt Whitman

This guide is written to assist hikers who wish to hike the Long Path from end to end in a single trip. It may also be useful to anyone planning a shorter backpack on the Long Path.

Until recently it was almost impossible to hike the Long Path in a single trip, although a few intrepid backpackers have done it. The stretches of private property crossed by the trail and the long road walks necessitated by the closing of sections of the trail, made a continuous trip a major undertaking. However, the opening of the Shawangunk Ridge Trail (SRT) and the co-alignment of the Long Path with the Appalachian Trail to reach the SRT have made such a trip feasible.

It is now possible to backpack the entire length of the trail, but it still requires quite a bit of planning. It is not possible to camp out along the trail for its entire length. Some nights it will be necessary to hike to a motel or a nearby campground.

This section will tell you which sections of the trail are open for camping and will list facilities nearby where overnight camping or other accommodations are available for those sections where camping is not allowed. Just because a motel or campground is listed in this booklet does not guarantee its quality. The accommodations were chosen based solely on their distance from the trail. It is hoped that hikers will send reports on the facilities listed and these will be included in future editions of this guide. No reference is made to suggested tent sites where overnight camping is allowed. It is up to the hiker to find these on their own. Clearly a backpacker on the Long Path should have experience in map reading and a good “woods sense”.

This booklet does not give instructions on how to backpack. It is presumed that a hiker attempting to thru hike this trail in a single trip has some backpacking experience. However, due to its proximity to major population centers, the southern section is a good place to hone your backpacking skills.

Camping

Lean-tos or shelters located on the Long Path are three sided, open front structures with wood floors. They are usually buggy and almost all have resident mouse populations. In the Catskills, porcupines are a serious nuisance. They love anything salty, so hang your boots as well as your food. The Catskills and New Jersey are also home to black bears. Although bears are usually not a problem, you should know how to protect your food supply. The shelters are all first come, first served up to capacity, usually 6 to 8 people. Groups of three or more should not use the shelters unless there is remaining room left in the late afternoon. They should be ready to make room for through hikers arriving late. Except for the Appalachian Trail section and the Catskills, shelters or lean-tos are rare. A tent is a necessity for backpacking this trail.

Although the Long Path passes through many State parks in its southern section, overnight camping is restricted to Harriman State Park and there only within 100 yards of a lean-to.

Camping is allowed on State land in the Catskill Forest Preserve and in State Reforestation Areas as long as your campsite is 150 feet from any trail, road or water and below 3500 feet in elevation. Camping for more than three days in the same place requires a permit, as does camping with a group of ten or more. Permits can be obtained from the DEC. Only dead and down wood may be used for a campfire. A backpacking stove is highly recommended.

Overnight camping is not allowed on private property traversed by the Long Path. Permission to hike on these parcels was granted only after negotiations with the landowner. Please remember that you are a guest there. Do not do anything that might jeopardize these agreements. Campfires, horses, mountain bikes and motor vehicles are not allowed on private property crossed by the Long Path. Most of the private property is closed during big game hunting season. Some of this land is open for hunting, which usually extends from the Monday before Thanksgiving until the second week in December. For specific dates, write to the New York State Department of Environmental Conservation, Division of Fish and Game, State Campus, Albany, New York, 12226. The Trail Conference also maintains its own list of hunting seasons for areas under its purview. See <http://www.nynjtc.org/trails/hunting> for more information. For your own safety do not hike on these sections during the hunting season.

Post Offices

The Long Path passes by or near 22 Post Offices. A list appears in the back of this chapter. Many long distance backpackers arrange a series of mail drops along the way by mailing food or supplies to themselves. This helps to lighten their load and allows the hiker to purchase his food in bulk and save money. The package should be addressed to the hiker c/o General Delivery with the words, "Hold for Hiker Arriving on or about..." on the package. Post Offices are not obligated to hold these packages for more than 30 days, so if you are planning a long trip it will be useful to prepare these food drops ahead of time

and have a friend or family member mail them to you as you hike. It's a good idea not to seal these packages until they are ready to mail. Hikers usually find that they have packed too much food (or not enough) or have forgotten to include some useful piece of equipment. The Post Offices are usually open Monday through Friday from 8:00 AM to 5:00 PM and on Saturdays from 8:00 AM to noon.

How to Use This Guide

The sections listed here correspond to the sections in the Long Path Guide. The distances given are south to north. If camping is not allowed on a section that cannot be reasonably hiked in a day, directions are given to the nearest public accommodation (campground or motel).

Section 1

George Washington Bridge to US Route 9W at Lamont-Doherty

Lean-tos None.

Camping None.

Lodging There are many hotels in Fort Lee; the closest to the Long Path is the Tollgate Motel (201-944-5332) located directly across the street from the beginning of the trail. Of course, New York City is just across the bridge.

Food There are many restaurants and stores located in Fort Lee. The gas station at mile 1.15 offers Dunkin Donuts, vending machines, telephones, water and restrooms.

Post Office None.

Section 2

US Route 9W at Lamont-Doherty to Nyack (Mountainview Avenue)

Lean-tos None.

Camping None.

Lodging Both of these motels are expensive >\$95 per night. Super 8 Motel 845-353-3880. located right on the trail before it crosses NY Route 59. Best Western Motel 845-358-8100. 0.50 miles east on Route 59.

Food The village of Piermont has restaurants and delis. At the intersection of Route 59 is a convenience store, a McDonald's and a Kentucky Fried Chicken Restaurant. 0.75 miles east on Route 59 is the village of Nyack with many restaurants and food shops. 0.30 miles west on Route 59 is a pizza shop and laundromat 0.80 miles west on Route 59 is a Stop and Shop supermarket, pharmacy, and restaurant.

Post Office Palisades 10964 - mile 0.90 continue straight on Washington Spring Road across 9W for 0.10 miles. Piermont 10968 - mile 3.15 after crossing the Sparkill Creek, turn west onto Piermont Avenue for 20 yards.

Section 3

Nyack (Mountainview Avenue) to Long Clove (US Route 9W)

Lean-tos None.

Camping None. Although the Long Path traverses much State land in this section, camping is not allowed. Ed & Eudora Walsh (845-429-8550) will allow through hikers to camp in their backyard if prior arrangements are made. Bus service to and from the trail is available for most of this section.

Lodging Raintree Motel 845-268-5600. At mile 5.50, Landing Hill Road, turn left for 0.20 miles past the firehouse, then right for 1.00 miles to US Route 9W. The motel is across the street on the left. Holiday Court Motel 845-268-3300. At mile 5.50, Landing Hill Road, turn left for 0.20 miles past the firehouse, then right for 1.00 miles to Route 9W. The motel is 0.20 miles north (right) on 9W. Green Inn Motel on the Lake 845-268-6836. At mile 5.50, Landing Hill Road, turn left for 0.20 miles past the firehouse, then right for 1.00 miles to Route 9W. The motel is 0.10 mile farther north on Route 9W.

Food There are restaurants both north and south on US Route 9W from the intersection with the park road at Rockland Lake. From the northern end of this section there is a restaurant, bakery and laundromat 1 mile south on NY Route 303.

Post Office None.

Section 4

Long Clove to Mount Ivy

Lean-tos None.

Camping None. Although the Long Path traverses much State land in this section, camping is not allowed. Ed & Eudora Walsh (845-429-8550) will allow through hikers to camp in their backyard if prior arrangements are made. Bus service to and from the trail is available for most of this section.

Lodging Rockland Motel 845-354-1373. 1.30 miles south on US Route 202 (mile 6.80) in Mount Ivy.

Food From the southern end of this section there is a restaurant, bakery and laundromat 1 mile south on Route 303. Old

Route 304, mile 1.00, turn left west, 0.25 miles is a deli.
US Route 202, mile 6.80, right (north) onto Route 202 is a deli, restaurant, pizzeria, bank and laundromat. 0.50 miles left on Route 202 is a large shopping plaza with a supermarket, pharmacy, bank, laundromat and restaurants.

Post Office Mile 6.80 turn left (south) onto US Route 202 for 0.90 miles.

Section 5

Mount Ivy to Lake Skannatati

Lean-tos Big Hill Shelter mile 5.60. Water is available at stream crossing 1.10 miles south on LP or follow LP to AT&T right of way, turn left and follow for 1 mile to Breakneck Pond.

Camping In Harriman State Park camping is only allowed within 100 yards of a shelter.

Lodging Rockland Motel 845-354-1373. 1.30 miles south on US Route 202 (mile 0.00) in Mount Ivy.

Food Route 202, mile 0.00, right (north) onto US Route 202 is a deli, restaurant, pizzeria, bank and laundromat. 0.50 miles left on 202 is a large shopping plaza with a supermarket, pharmacy, bank, laundromat and restaurants.

Post Office Pomona 10970 mile 0.20 continue on US Route 202 for 0.90 miles.

Section 6

Lake Skannatati to intersection with the Appalachian Trail

Lean-tos Cohasset Shelter mile 4.45. 0.85 miles past the intersection with the Appalachian Trail, north on the original Long Path. Shelter is made of corrugated metal, no water. Note that this shelter is primarily for the use of a girls' camp. Be prepared to vacate if they request to use it. (To continue on the suggested route the hiker must backtrack to the intersection of the AT). Distance from Big Hill Shelter – 8.15 miles. Fingerboard Shelter mile 1.50 north on the Appalachian Trail (please note that the LP follows the Appalachian Trail south here. To continue on the suggested route the hiker must backtrack 1.50 miles). Water 0.50 miles on blue-blazed side trail at Lake Tiorati. Distance from Big Hill Shelter—8.80 miles.

Camping In Harriman State Park camping is allowed only within 100 yards of a shelter.

Lodging None.

Food None.

Post Office None.

LP/AT Section

Harriman Park to High Point State Park

- Lean-tos Wildcat Shelter. Water from a hand pump Distance from Cohasset Shelter–13.65 miles. Wawayanda Shelter mile 27.90. 0.10 miles from the AT on blue-blazed side trail. Water available at park headquarters, 0.40 miles from the shelter on another blue blazed trail. Distance from Wildcat Shelter–12.10 miles. Pochuck Mountain Shelter mile 44.80. 0.10 miles from the AT on a blue-blazed side trail. Water may be available from a stream south of Sussex County Route 565. Distance from Wawayanda Shelter–13.10 miles. High Point Shelter mile 52.20. 0.10 miles from the AT on a blue blazed side trail. Water available from streams near the shelter. Distance from Pochuck Mountain Shelter–12.60 miles.
- Camping Mile 14.90. Three tent sites, fire ring and hand pump (during summer only). Distance from Fingerboard Shelter–14.90 miles.
- Lodging Tuxedo Motel 845-351-4747. 2.10 miles east on NY Route 17. Breezy Point 2.00 miles east on NY Route 17A. Willowbrook Inn Bed and Breakfast 0.80 miles west on Warwick Turnpike. Appalachian Motel. 1.80 miles east on NJ Route 94 in Vernon, NJ. Hostel. St. Thomas Episcopal Church in Vernon NJ. Apple Valley Inn 973-764-3735. 1.10 miles west on Sussex County Route 517 in Glenwood, NJ. Reservations requested at least one day in advance. Backtrack Inn. 0.40 miles west on Lott Road in Unionville, NJ. Hostel with bunk space for 4 people. High Point Country Inn 973-702-1860. 1.40 miles east on NJ Route 23.
- Food Red Apple Rest, 2.10 miles south on NY Route 17. West Mombasha Road, 0.60 miles west is a deli. Route 17A, west 1.60 miles is a deli. East 2.00 miles to Greenwood Lake with a supermarket, deli, restaurants and pizza. Long House Road, 0.70 miles west is a small market and pizzeria. Warwick Turnpike, 0.20 miles east is a farm market. 1.50 miles east is a restaurant. Barrett Road, 1.80 miles west is a deli. NJ Route 94, 0.10 miles west is a farm stand. 2.40 miles east is Vernon, NJ with supermarkets, restaurants, delis, and a laundromat. Route 517, 1.10 miles west in Glenwood is a farm market and deli. NJ Route 284, west 0.40 miles is a small grocery store. Lott Road, 0.40 miles west in Unionville is a grocery store, restaurant and pizza. High Point State Park, 0.60 miles from the park office is a swimming area and snack bar.

Post Office Arden, NY 10910 - 0.70 miles west on Route 17 Southfields, NY. 10975 - 2.10 miles east on Route 17. Bellvale, NY 10912 - 1.60 miles west on Route 17A, inside general store.
Greenwood Lake, NY 10925 - 2.00 miles east on Route 17A.
New Milford, NY 10959- 1.80 miles west inside store.
Vernon, NJ 07462 - 2.40 miles east on Route 94. Glenwood, NJ 07418 - 1.10 miles west on Route 517. Unionville, NY 10988 - 0.40 miles west on Lott Road.

Shawangunk Ridge Trail

The Shawangunk Ridge Trail, which is part of the Long Path, begins at the High Point Monument. 0.50 miles from the High Point Shelter turn right, north on a blue-blazed side trail which leads to the monument. Cross the parking lot and follow the Cedar Swamp Trail north. 1.50 miles from the Appalachian Trail, the Long Path leaves the Cedar Swamp Trail and turns left paralleling the eastern edge of Cedar Swamp on a woods road. The aqua blazes of the Long Path begin here.

Section G1

High Point State Park to US Route 6 and Hathorn Boulevard

Lean-tos None.
Camping No overnight camping is allowed in this section.
Lodging High Point Motor Lodge 201-702-1860. 1.40 miles east on NJ Route 23.
Food None.
Post Office None.

Section G2

Route 6 and Hathorn Boulevard to Route 211 and Otisville Road

Lean-tos None.
Camping American Family Campground, Guymard Turnpike, Godeffroy, NY. 845-754-8388. Hot showers, pool, cabins, laundry. April 15 to October 15. At mile 4.90 turn left on Guymard Turnpike and cross the bridge. 1.80 miles west on the Guymard Turnpike, on the left. Caters mainly to RV's. Distance from High Point Shelter—16.70 miles. Otisville Campground, 1 Grange Rd., Otisville, NY 10963 845-386-5104. Hot showers, laundry. Turn right onto Route 211 for 1 mile to Highland Ave. (County Route 11) Follow Route 11 1.4 miles to Grange Rd. Turn left. Owner will shuttle hikers to and from the trail.

Distance from American Family Campground—7.10 miles.

Lodging None.

Food Otisville 1 mile right on Route 211. General store, pizza.

Post Office Otisville 10963 - 1 mile right, on Route 211.

Section G3

Route 211 and Otisville Rd. to Old Route 17 and O&W right of way

Lean-tos None.

Camping Otisville Campground, Grange Rd., Otisville, NY. 2.50 miles from the trail on Grange Road, off Mt. Hope Road (County Route 11) southeast of Otisville. Distance from American Family Campground – 7.10 miles.

Lodging Valley Brook Motor Inn, 201 Kingston Ave (US Route 209), Wurtsboro, NY 12790, 845-888-0330.

Food Otisville 1 mile right on Route 211. General store, pizza. Wurtsboro, mile 9.00, supermarket, restaurants, deli.

Post Office Otisville 10963 - 1 mile right, on Route 211. Wurtsboro 12790 - mile 9.30, on the trail.

The town of Wurtsboro is a good place for a layover day. A motel, restaurants, supermarkets, and pharmacy are all within walking distance. You can also rent a glider at the nearby airport. If you have run short of equipment or more specialized supplies, you can restock at the Catskill Hiking Shack, 259 Sullivan Street in Wurtsboro.

Section G4

Old Route 17 and O&W right of way to Long Path

Lean-tos None.

Camping Berentsen's Campground, RR 2 Box 63C, Bloomingburg, NY 845-733-4984. May 1 to October 15. Hot showers, cabins, toilets. \$10 per night. Mile 1.00, turn right for 0.50 miles to Shawanga Lodge Rd. Turn left for 0.65 miles to Crane Road. Turn right for 0.70 miles to Roosa Gap Rd. Turn right for 1 mile.

Lodging None.

Food None.

Post Office None.

Section 11

Shawangunk Ridge Trail to Sam's Point Preserve

Lean-tos None.

Camping Berentsen's Campground, RR 2 Box 63C, Bloomingburg, NY 845-733-4984. May 1 to October 15. Hot showers, cabins, toilets. \$10 per night. Mile 1.00, turn right for 0.50 miles to Shawanga Lodge Rd. Turn left for 0.65 miles to Crane Road. Turn right for 0.70 miles to Roosa Gap Rd. Turn right for 1 mile. Mile 5.60, the trail enters the DEC Roosa Gap parcel of the Forest Preserve. Camping is allowed 150 feet away from water or trails. No water.

Lodging None.

Food None.

Post Office Cragsmoor 12420.

Section 12

Sam's Point Preserve to Jenny Lane

Lean-tos None.

Camping None.

Lodging None.

Food None.

Post Office Cragsmoor 12420.

Section 13

Jenny Lane to Riggsville

Lean-tos None.

Camping Camping is permitted on State land at the end of this section.

Lodging Chelsea Motel 845-626-3551 or 5152. At mile 3.40 continue on US Route 44/55 for 0.40 miles. Motel is on the left. Distance from Roosa Gap –23.95 miles.
Continental Motel 845-626-4000. At mile 3.40 continue on Route 44/55 for 0.50 miles. Motel is on the right.

Food JJ's Place, My Little Ranch, F&J Mountain View Diner at the intersection of US Route 209, also a pharmacy and laundromat.

Post Office Kerhonkson 12446–mile 3.90, on the right just before the steel bridge.

Section 14

Riggsville to Bull Run

Lean-tos None.

Camping Camping is permitted on State land at elevations below 3500

feet and at least 150 feet from water or trails. Water is available at Vernooey Falls, mile 1.70, intermittently along the trail and at Sundown. Distance from Kerhonkson motels to State land – 9.80 miles. Sundown primitive campsite is at the junction of Peekamoose Road at mile 9.65. No facilities. Water available from Rondout Creek.

Lodging None.

Food None.

Post Office None.

Section 15

Bull Run to Denning Road

Lean-tos Bouton Memorial lean-to - mile 5.20, 0.20 miles on a side trail. Water from a spring on the LP. Distance from Sundown – 5.20 miles.

Camping Camping is permitted on State land at elevations below 3500 feet and at least 150 feet from water or trails.

Lodging None.

Food None.

Post Office None.

Section 16

Denning Road to Woodland Valley

Lean-tos Terrace Mountain lean-to - mile 8.60, 0.90 miles on a side trail. Water available. Distance from Bouton lean-to – 11 miles.

Camping Woodland Valley State Campground 845-688-7647. Mile 11.20, May 15 - October 12, showers, flush toilets, \$9.00. Distance from Terrace Mountain – 2.60 miles. Camping is permitted on State land at elevations below 3500 feet and at least 150 feet from water or trails. There are designated campsites between Slide and Cornell Mountains.

Lodging None.

Food None.

Post Office None.

Section 17

Woodland Valley to Phoenicia

Lean-tos None.

Camping Woodland Valley State Campground. Mile 0.00, \$9.00.

Distance from Terrace Mountain – 2.60 miles. Camping is permitted on State land at elevations below 3500 feet and at least 150 feet from water or trails.

Lodging Phoenicia Inn 845-688-7500. Mile 5.75, turn left on Main Street in Phoenicia. The Inn is about 75 yards on the right. Cobblestone Motel 845-688-7871. Turn left onto Main Street in Phoenicia. In 0.10 miles turn right on Route 214. The motel is 0.20 miles on the right.

Food There is a grocery store, restaurants and pharmacy in Phoenicia. Brio's Restaurant is highly recommended.

Post Office Phoenicia 12464 – At the intersection with Main Street, continue straight ahead for about 75 yards. The Post Office is on the right.

Phoenicia is a good town for a layover day. Besides resupply, you can spend the day fishing or tubing on the Esopus.

Section 18

Phoenicia to Silver Hollow Notch

Lean-tos Baldwin Memorial lean-to - Mile 3.20. Pipe spring, 50' to left of trail. Distance from Woodland Valley – 8.95 miles. Tremper Mountain lean-to. No water. Mile 4.00 Distance from Baldwin lean-to - 0.80 miles.

Camping Camping is permitted on State land at elevations below 3500 feet and at least 150 feet from water or trails.

Lodging Phoenicia Inn 845-688-7500. Turn left on Main Street in Phoenicia. The Inn is about 75 yards on the right. Cobblestone Motel 845-688-7871. Turn left onto Main Street in Phoenicia. In 0.10 miles turn right on Route 214. The motel is 0.20 miles on the right.

Food There is a grocery store, restaurants, and pharmacy in Phoenicia.

Post Office Phoenicia 12464 - At the intersection with Main Street continue straight ahead for about 75 yards. The Post Office is on the right.

Section 19

Silver Hollow Notch to Platte Clove Road

Lean-tos Mink Hollow lean-to - Mile 4.40. Distance from Tremper lean-to - 11.20 miles.

- Camping Camping is permitted on State land at elevations below 3500 feet and at least 150 feet from water or trails.
- Lodging None.
- Food None.
- Post Office None.

Section 20

Platte Clove Road to Palenville

- Lean-tos None.
- Camping Camping is permitted on State land at elevations below 3500 feet and at least 150 feet from water or trails.
- Lodging Arlington House Bed and Breakfast. Mile 10.00, continue on Route 23A for 0.30 miles. Palenville House Bed and Breakfast 518-678-5649. Mile 10.00 continue on NY Route 23A for 0.40 miles, \$60. Waterfall Motel 518-678-9306. Mile 10.00 continue on Route 23A for 0.40 miles, then turn right on NY Route 32A for 0.5 miles. Catskill Mountain Lodge 518-678-3101. Mile 10.00 continue on Route 23A for 0.40 miles, then turn right on Route 32A for 1 mile. Motel and restaurant.
- Food Mile 10.00 - continue 0.20 miles to Palenville, which has a deli, and a general store with Coleman fuel available.
- Post Office Palenville 12463 - Mile 10.00 continue on Route 23A for 0.30 miles.

Section 21

Palenville to North Lake

- Lean-tos None.
- Camping North Lake State Campground 518-589-5058. Mile 4.80. 219 sites, showers, swimming \$16, reservations recommended. Distance from Mink Hollow – 24.90 miles. Camping is permitted on State land at elevations below 3500 feet and at least 150 feet from water or trails.
- Lodging Arlington House Bed and Breakfast. Mile 0.0, continue on Route 23A for 0.30 miles. Palenville House Bed and Breakfast 518-678-5649. Mile 0.00. Continue on Route 23A for 0.40 miles, \$60. Waterfall Motel 518-678-9306. Mile 0.00 continue on Route 23A for 0.40 miles, then turn right on Route 32A for 0.5 miles. Catskill Mountain Lodge 518-678-3101. Mile 0.00 continue on Route 23A for 0.40 miles, then turn right on Route 32A for 1 mile. Motel and restaurant

Food Mile 0.00. Continue 0.20 miles to Palenville, which has a deli, and a general store with Coleman fuel available.

Post Office Palenville 12463.

Section 22

North Lake to Batavia Kill

Lean-tos Batavia Kill lean-to. Mile 9.80, 0.25 miles on a side trail. Water available from stream. Distance from North Lake – 10.05 miles

Camping North Lake State Campground. Mile 0.00. 219 sites, showers, swimming \$16, reservations recommended. Camping is permitted on State land at elevations below 3500 feet and at least 150 feet from water or trails.

Lodging None.

Food None.

Post Office None.

Section 23

Batavia Kill to Route 23

Lean-tos Batavia Kill lean-to. Mile 0.00, 0.25 miles on a side trail. Water available from stream. Elm Ridge lean-to. Mile 7.40, water from a pipe spring 0.1 miles south. Distance from Batavia Kill – 7.40 miles.

Camping Camping is permitted on State land at elevations below 3500 feet and at least 150 feet from water or trails.

Lodging Kopper Kettle Inn and Restaurant 518-734-3575. 2.50 miles west on NY Route 23. Hamilton Motel 518-734-3190. 2.80 miles west on Route 23.

Food Kopper Kettle. 2.50 miles west on NY Route 23. Village of Windham, 3.60 miles west on Route 23 has restaurants, delis and a small grocery.

Post Office Windham 12496 – 3.90 miles west on NY Route 23.

CAUTION: Water is scarce throughout the next 3 sections especially during the summer months.

Section 24

Route 23 to Greene County Route 10

Lean-tos None.

Camping Camping is permitted on State land at elevations below 3500

feet and at least 150 feet from water or trails. Only the first 0.75 miles of the LP in this section is on State land. The rest of the trail is on private property and camping is not permitted.

Lodging Kopper Kettle Inn and Restaurant 518-734-3575. 2.50 miles west on Route 23. Hamilton Motel 518-734-3190. 2.80 miles west on Route 23.

Food Kopper Kettle. 2.50 miles west on Route 23. Village of Windham, 3.60 miles west on Route 23. has restaurants, delis and a small grocery.

Post Office Windham 12496 – 3.90 miles west on Route 23.

Section 25

Greene County Route 10 to Greene County Route 32C

Lean-tos None.

Camping The first 0.55 mile are on private land, camping is not allowed. The remainder of this section is in a State Reforestation Area. Camping is permitted on State land at elevations below 3500 feet and at least 150 feet from water or trails. Distance between State lands – 10.10 miles

Lodging None.

Food None.

Post Office None.

Section 26

Greene County Route 32C to West Conesville

Lean-tos Huntersfield lean-to. Mile 4.40, south on a spur trail. No water at lean-to. Distance from Elm Ridge lean-to – 16.90 miles.

Camping Camping is permitted only on State lands in this section. Watch for signs indicating private property.

Lodging None.

Food Waterfall House Restaurant. Mile 12.60 at the intersection of Prattsville Road and NY Route 990V.

Post Office None.

Section 27

West Conesville to Doney Hollow

Lean-tos None.

Camping Nickerson Park Campground 607-588-7327. Mile 3.30, hot showers (coin operated), pool, laundry & store. \$15. Distance

from Huntersfield lean-to – 11.50 miles. Max V. Shaul State Campground 518-827-4711. Mile 8.75, 6.70 miles north on NY Route 30 from the intersection with West Kill Road. 32 sites, hot showers, flush toilets. Open mid-May through mid-October, \$13.

Lodging None.

Food Waterfall House Restaurant. Mile 0.00 at the intersection of Prattsville Road and NY Route 990V. The Blenheim House Restaurant. Mile 8.40 on left side of NY Route 30 after bridge over the West Kill.

Post Office Gilboa 12076 - Mile 1.50 on the trail. North Blenheim 12131 - Mile 8.40, on the trail opposite West Kill Road.

Section 28

Doney Hollow to West Fulton

Lean-tos Rossman Hill. Mile 5.85, water 100 yards in front of the lean-to from a well, may be dry in summer, fill up at streams before lean-to. Distance from Nickerson's – 13.25 miles.

Camping Camping is allowed throughout the Eminence State Forest. Watch for private property signs toward the end of this section near West Fulton. Distance to State land from Nickerson's – 7.10 miles. Max V. Shaul State Campground 518-827-4711. Mile 8.40, 4.00 miles to the right on West Fulton Road and another 0.20 miles north on NY Route 30. Water is readily available throughout this section. The streams at mile 4.10 and 4.55 and the well at mile 5.80 may be dry in summer.

Lodging None.

Food None.

Post Office West Fulton 12194 - Mile 8.70, turn right onto West Fulton Road for 0.20 miles.

Section 29

West Fulton to Middleburgh

Lean-tos None.

Camping Camping is allowed in the State Reforestation Areas, 150 feet from trails or water. There is private property at the beginning and the end of this section. Max V. Shaul State Campground 518-827-4711. Mile 0.00, 4.00 miles to the right on West Fulton Road and another 0.20 miles north on NY Route 30. It can also be reached by heading south on NY Route 30 for 3.00 miles from the intersection with Hardscrabble Road, mile 7.65.

32 sites, hot showers, flush toilets. Open mid-May through mid-October, \$13.

- Lodging On Hardscrabble Rd, cabin for rent by backpackers—stove, refrigerator, shower, hot water, and sleeps 5. Contact Ken & Jan Parkes 518-872-4532.
- Food Mile 8.70, 0.10 miles south on NY Route 30 is a farm stand. Mile 11.75, 1 mile north on Route 30 is a Grand Union supermarket. On Main Street in Middleburgh – Mrs. K’s Restaurant, Stewart’s & Red Barrel (not recommended, may not be friendly to hikers) on left, Hubie’s Pizzeria & Restaurant on right.
- Post Office West Fulton 12194 - Mile 0.00, turn right onto West Fulton Road for 0.20 miles. Middleburgh 12122 - Mile 11.75, follow the LP for an extra 0.15 miles.

Section 30

Middleburgh to Albany County Line

- Lean-tos Cotton Hill - Mile 6.75, no water at lean-to. Get water at mile 6.15 at small stream just before crossing Treadlemire Rd. or at a pump (not reliable) on Treadlemire Road opposite a green barn (the pump may need to be primed). Distance from Rossman Hill lean-to – 21.40 miles.
- Camping Camping is allowed in the State Reforestation Areas, 150 feet from trails or water. At mile 9.45, the trail enters private land. Distance between Patria and Cotton Hill State Forests – 9.75 miles.
- Lodging None.
- Food Mile 0.00 Middleburgh has delis, restaurants and grocery stores and a bank.
- Post Office Middleburgh 12122 - Mile 0.15 on the trail.

Section 31

Albany County Line to Switz Kill

- Lean-tos None.
- Camping Camping is only allowed on the State Reforestation Areas in this section, not in the Wildlife Management Area. State Forest is reached at 3.60 miles and continues until the Long Path reaches Beaver Road at mile 5.05. Distance from Cotton Hill State Forest – 5.95 miles.
- Lodging None.

Food None.

Post Office None.

Section 32

Switz Kill to East Berne

Lean-tos None.

Camping Cole Hill State Forest. Miles 2.75 through 4.75. Distance from Partridge Run Wildlife Management Area—11.45 miles.

Lodging None.

Food None.

Post Office None.

Section 33

East Berne to John Boyd Thacher State Park

Lean-tos There is a lean-to in John Boyd Thacher Park but it is not available for overnight use.

Camping The beginning of this section is entirely on private property and the end is in John Boyd Thacher State Park. Neither allows overnight camping. Camping is available at Thompson's Lake State Campground, 4 miles from Thacher Park on NY Route 157. 518-872-1674. 140 sites, hot showers, flush toilets, swimming. \$15. Distance from Cole Hill State Forest – 11.45 miles.

Lodging None.

Food None.

Post Office None.

Section 34

John Boyd Thacher State Park to Route 146

Lean-tos None.

Camping Thompson's Lake State Campground 518-872-1674 mile 3.55, turn left and follow paved Stage Road to its intersection with Route 157. The campground is approximately 1 mile to the left. Open May 1 through Columbus Day. 140 sites, beach, hot showers, flush toilets, \$15.

Lodging Appel Inn 518-861-6557. 590 NY Route 146 in Altamont. Bed and Breakfast, 4 rooms, \$60-\$80 per night.

Food None.

Post Office None.

Distances Between Accommodations

	<i>Miles</i>	
Fort Lee to Nyack	22.85	Motel
Nyack to Rockland Lake	5.50	Motel
Rockland Lake to Mount Ivy	10.20	Motel
Mount Ivy to Big Hill Shelter	7.10	
Big Hill to Cohasset lean-to	8.15	
Cohasset to Wildcat shelter on the AT	13.65	
Wildcat to Wawayanda shelter	12.00	
Wawayanda to Pochuck Mountain shelter	13.10	
Pochuck to High Point shelter	12.40	
High Point to American Family Campground	16.70	Fee
American Campground to Otisville Campground	7.10	Fee
Otisville to Roosa Gap	19.05	
Roosa Gap to Kerhonkson	23.85	Motel
Kerhonkson to Riggsville (1)	9.80	
Riggsville to Sundown	10.10	
Sundown to Bouton lean-to	5.20	
Bouton to Terrace Mountain lean-to	11.00	
Terrace Mntn. to Woodland Valley Campground	2.60	Fee
Woodland Valley to Baldwin lean-to	8.95	
Baldwin to Tremper Mountain lean-to	0.80	
Tremper to Mink Hollow lean-to (2)	9.80	
Mink Hollow to North Lake Campground	24.90	Fee
North Lake to Batavia Kill lean-to	10.05	
Batavia Kill to Elm Ridge lean-to	7.40	
Elm Ridge to Huntersfield lean-to (3)	16.90	
Huntersfield lean-to to Nickerson Park Campground	11.50	Fee
Nickerson Park Campground to Rossman Hill lean-to (4)	13.25	
Rossman Hill to Cotton Hill lean-to (5)	21.40	
Cotton Hill to Partridge Run Reforestation Area	8.75	
Partridge Run to Cole Hill State Forest	9.55	
Cole Hill to Thompson's Lake Campground	11.45	Fee

(1) Between Riggsville and Woodland Valley the trail is in the Catskill Forest Preserve for 28.85 miles. Camping is allowed anywhere as long as you are 150 feet from trails, roads or water.

(2) Between Mink Hollow and NY Route 23 in East Windham the Long Path is in the Catskill Forest Preserve for 45.6 miles. Camping is allowed anywhere provided you are at least 150 feet from trails, roads or water.

(3) The trail is mostly in Reforestation Areas for 10 miles. Camping is allowed with the same restrictions as above. Watch for private property boundaries.

(4) The LP enters the Eminence State Forest 7.10 miles from Nickerson Park Campground.

(5) Camping is allowed in the State Forests in this area.

Post Offices

Palisades, NY 10964*
Piermont, NY 10968*
Pomona, NY 10970*
Arden, NY 10910*
Southfields, NY 10975
Bellvale, NY 10912
Greenwood Lake, NY 10925
New Milford, NY 10959
Vernon, NJ 07462
Glenwood, NJ 07418
Unionville, NY 10988*
Otisville, NY 10963*
Wurtsboro, NY 12790**
Cragsmoor, NY 12420**
Kerhonkson, NY 12446**
Phoenicia, NY 12464*
Palenville, NY 12463*
Windham, NY 12496
Gilboa, NY 12076**
North Blenheim, NY 12131**
West Fulton, NY 12194*
Middleburgh, NY 12122**

* Located within 1 mile of the trail

** Located on the trail

Transportation

Red and Tan Lines 845-356-0877

Bus service along US Route 9W
from Fort Lee to Haverstraw

International Bus Service 201-714-9400

New York City to Mount Ivy

Transport of Rockland 845-634-1100

Bus Service in Rockland County

Short Line Buses 201-529-3666

New York City to Mountainview

Adirondack Trailways Buses 800-858-8555

New York City to New Paltz and
the Catskills

Addresses and Phone Numbers

New York-New Jersey Trail Conference

156 Ramapo Valley Road
Mahwah, NJ 07430-1199
201-512-9348

Palisades Interstate Park Police

845-786-2781

New York State Department of Environmental Conservation

Region 3 Office - Ulster and Sullivan Counties

21 South Putt Corners Road
New Paltz, NY 12561
845-255-5453

New York State Department of Environmental Conservation

Region 4 Office - Greene, Schoharie and Delaware Counties

1150 North Westcott Road
Schenectady, New York 12306
518-357-2234

New York State Campground Reservations

1-800-456-CAMP, or www.park-net.com

Useful Publications

- Fleming, June. *The Well Fed Backpacker*. Vantage Books, Random House, New York, NY, 1985
- Fletcher, Colin. *The Complete Walker III*. Alfred A. Knopf, Inc., New York, NY, 1984
- Hampton, Bruce and David Cole. *Soft Paths: How to Enjoy the Wilderness Without Harming It*. Stackpole Books, Harrisburg, PA, 1988
- Jardine, Ray. *Beyond Backpacking, Ray Jardine's Guide to Lightweight Hiking*. AdventureLore Press, LaPine OR 97739, 2000
- Manning, Harvey. *Backpacking One Step at a Time*. Vintage Books, Random House, New York, NY
- Meyer, Kathleen. *How to Shit in the Woods*. Ten Speed Press, Berkeley, CA, 1989
- Meyers, William J. *Harriman Trails. A Guide and History*. New York-New Jersey Trail Conference. New York, NY 1992
- New York-New Jersey Trail Conference. *New York Walk Book*. New York, NY 2001
- *Hudson Palisades Trails*. map set
- *Harriman Bear Mountain Trails*. map set
- *West Hudson Trails*. map set
- *South Kittatiny Trails*. map set
- *North Jersey Trails*. map set
- *North Kittatiny Trails*. map set
- *Catskills Trails*. map set
- *Appalachian Trail in New York and New Jersey*. map set
- Schaefer, Vincent J. *Vroman's Nose: Sky Island of the Schoharie County*. Purple Mountain Press, Ltd. Fleishmanns, NY 1992.
- Waterman, Laura and Guy. *Wilderness Ethics: Preserving the Spirit of Wilderness*. The Countryman Press, Inc. Woodstock, VT, 1993
- *Backwoods Ethics: Environmental Issues for Hikers and Campers*. The Countryman Press, Inc. Woodstock, VT 1993.

Long Path End-to-Enders

1. Albert (Cap) Field, Astoria NY	?/?/?
2. Edward J. Walsh, W Haverstraw NY	7/4/91
3. Stella Green, Woodcliff Lake NJ	9/2/91
4. Edward L. Walsh, W Haverstraw NY	9/8/91
5. Lanny Wexler, Syosset NY	9/15/91
6. George Form, Hempstead NY	9/15/91
7. Susan Gerhardt, Suffern NY	9/21/91
8. Peter Heckler, Oradell NJ	9/21/91
9. James A. Ross, New Milford NJ	10/6/91
10. Roy Messaros, Franklin Lakes NJ	10/9/91
11. John Golenski, Pearl River NY	11/17/91
12. Arthur Schneier, Hyde Park NY	5/14/92
13. Mary R. Sive, Ardsley on Hudson NY	6/11/92
14. Arnold Projansky, New Paltz NY	9/5/92
15. Albert A. Mullen, Highland NY	5/14/92
16. Alan Gross, E. Swanzey NH	8/16/92
17. Alexander Gonzalez, Dryden NY	6/23/94
18. Jack Hennessey, Naponoch NY	7/13/94
19. Joan D. James, Salisbury Mills NY	7/13/94
20. Herb Young Jr., Greenwich CT	8/1/94
21. Ray Cimera, Wayne NJ	10/1/94
22. Dick Hearn, Kinnelon NJ	10/1/94
23. Ferdinand Caiocca, New York NY	9/26/94
24. Dick Redfield, Riverdale NY	7/23/95
25. Eileen West, Pleasantville NY	7/23/95
26. Barry Gold, Woodbridge CT	5/27/95
27. Bill Pruehsner, Meriden CT	5/27/95
28. Marsha Gold, Woodbridge CT	5/27/95
29. May Ann Pruehsner, Meriden CT	5/27/95
30. Maureen McCahery, New City NY	4/19/96
31. Abe T. Allen, Plymouth CT	1996
32. Dean Guiliano, Olivebridge NY	6/8/97
33. Ernest C. Laug, Stamford, CT	7/8/97
34. Kathie F. Laug, Stamford CT	7/12/97
35. Margaret Freifeld, Mt. Kisco NY	8/3/97
36. Jane Smalley, Briarcliff Manor NY	7/12/97
37. Carolyn Harting, Bedford NY	9/7/97
38. Roeli Johansson, Bedford Hills NY	9/29/97
39. Mirjana V. Djordjevic, White Plains NY	8/16/97
40. Fran Levy, Hartsdale NY	8/22/97
41. Carole Ehleben, Bedford NY	9/6/97
42. June Fait, Long Beach NY	7/29/97
43. Virginia McMath, White Plains NY	9/15/97
44. Jack Barnes, Mohegan Lake NY	9/15/97

45. Barbro Thelemarck, North Salem NY	9/6/97
46. Julie Hobart, Bedminster NJ	8/8/97
47. Joan McNulty, Croton-on-Hudson NY	9/6/97
48. Carol Mantel, Amityville NY	8/8/97
49. Jean M. Dolen, North White Plains NY	8/17/97
50. Kathy Mario, Yaphank NY	9/27/97
51. Herbert J. Coles, Long Beach NY	7/12/97
52. Diane Bamford, Bedford NY	9/6/97
53. Carl D. Daiker, Middletown NY	9/11/97
54. David Zansalari, Bellefonte PA	9/11/97
55. James Shearwood, Long Island City NY	10/12/97
56. Marry Ann Nissley, Chalfont PA	5/31/98
57. Raymond S. Wilkin, Greenville SC	5/16/99
58. Donna L. Pasternak, Huntington WV 25701	9/22/96
59. Richard Rapold, Maplecrest NY 12454	9/19/99
60. Robert W. Novick, New Milford NJ	9/29/00
61. Peter C. McGinnis, Poughkeepsie NY	9/30/00
62. Henry C. Jenkins, Highland NY	9/30/00
63. Rick Taylor, Hopewell Junction NY	9/30/00
64. Alan Householder, Asheville NC	5/14/01
65. Joe Fennelly, Chesire CT	5/14/01
66. Richard K. Greve, Mt Holly NJ	6/24/01
67. Michael Hume, Peekskill NY	9/16/01
68. Violet Davis, Unadilla NY	10/19/01
69. Kay Cynamon, New York NY	10/21/01
70. Roger Mailler, Holyoke MA	6/19/02
71. Kent Bean	10/23/02
72. Kurt Ramig, New York NY	5/28/03
73. Lou Baldanza, Montvale NJ	5/23/04

Feedback Needed!

Please help to keep this guide up to date by sending your comments, observations and suggestions to Ed Walsh, 11 Kwiecinski Street, West Haverstraw, NY 10993-1410 or by e-mail to walshej@aol.com. Thanks and enjoy your hike.