

NATURE/RECREATION

\$16.95

THE LONG PATH GUIDE

This is the new and enlarged edition of the complete guide to the Long Path, the New York-New Jersey Trail Conference's long distance hiking trail. The trail starts in Fort Lee, New Jersey and goes north all the way to Altamont, New York, just fifteen miles west of Albany. In between lies miles of varied and beautiful walking along the cliffs of the Palisades, through the rolling mountains of the Hudson Highlands, across Orange County's quiet suburbia, climbing the white ledges of the Shawangunk Ridge, and ascending the heights of the historic Catskill Mountains.

The Long Path Guide features detailed section information for each of the current thirty-eight sections of the Long Path. Every section contains a trail map, an overview, and directions for access to section trailheads, parking information and a detailed description of walking the trail. Most sections contain photographs showing the sights on or near the trail. New to this edition are trail profiles indicating elevation by distance and GPS co-ordinates of most parking areas and trailheads.

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New York-New Jersey
Trail Conference

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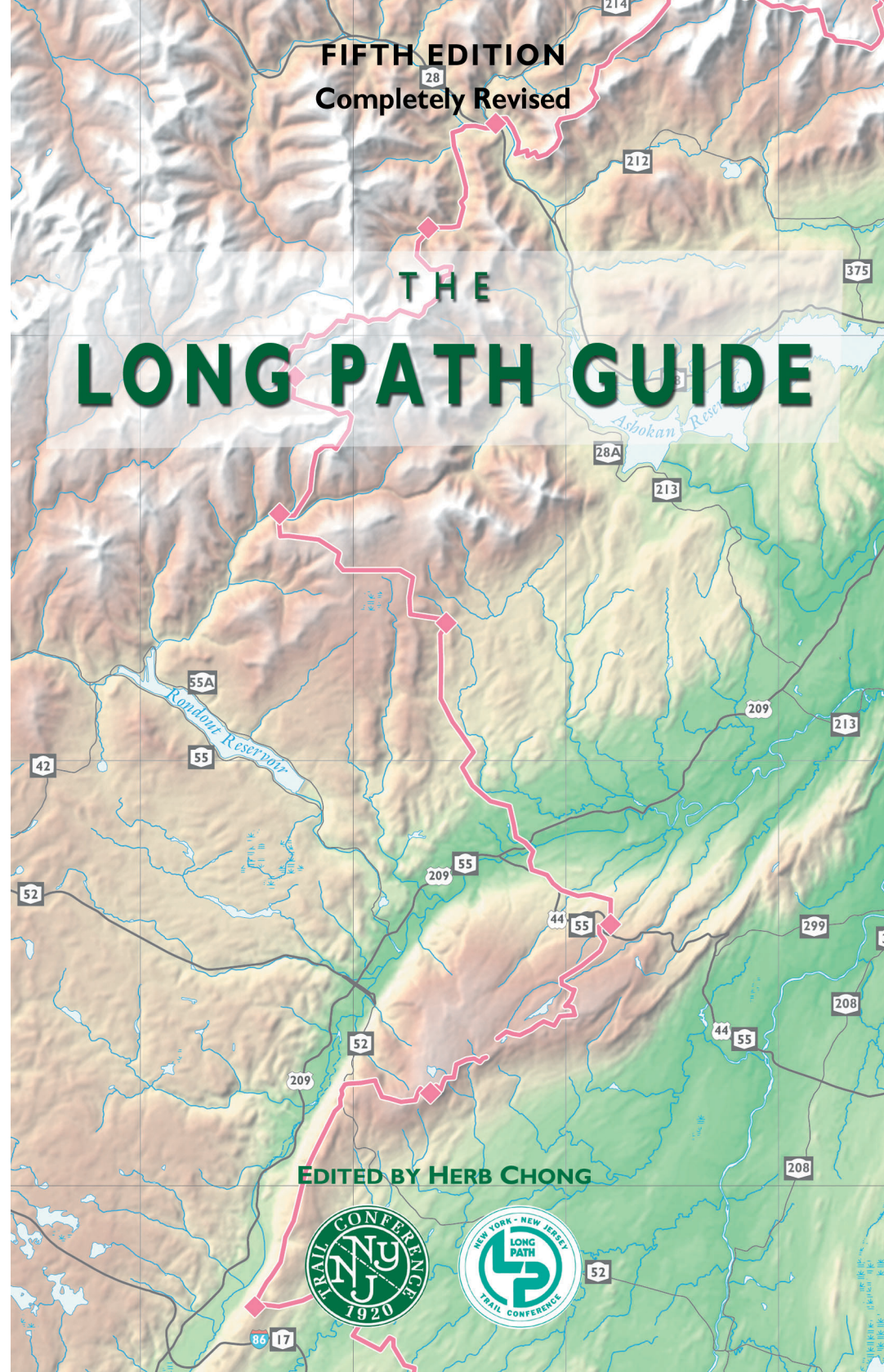


TABLE OF DISTANCES

Sec	From	To	Miles	Cumulative
1	George Washington Bridge	Lamont-Doherty	12.90	12.90
2	Lamont-Doherty	Nyack	10.30	23.20
3	Nyack	Long Clove	9.00	32.20
4	Long Clove	Mount Ivy	7.00	39.20
5	Mount Ivy	Lake Skannatati	9.30	48.50
6	Lake Skannatati	US Route 6	10.15	58.65
7	US Route 6	Woodbury	11.10	69.75
8	Woodbury	Salisbury Mills	7.00	76.75
9	Salisbury Mills	NY Route 211	18.30	95.05
10	NY Route 211	Shawangunk Ridge Trail	17.05	112.10
11	Shawangunk Ridge Trail	Sam's Point Preserve	11.90	124.00
12	Sam's Point Preserve	Jenny Lane	13.70	137.70
13	Jenny Lane	Riggsville	12.80	150.50
14	Riggsville	Bull Run	10.10	160.60
15	Bull Run	Denning Road	7.60	168.20
16	Denning Road	Woodland Valley St. Campground	11.15	179.35
17	Woodland Valley St. Campground	Phoenicia	5.75	185.10
18	Phoenicia	Silver Hollow Notch	11.50	196.60
19	Silver Hollow Notch	Platte Clove Road	14.55	211.15
20	Platte Clove Road	Palenville	10.00	221.15
21	Palenville	North Lake State Campground	4.80	225.95
22	North Lake State Campground	Batavia Kill	9.80	235.75
23	Batavia Kill	NY Route 23	8.55	244.30
24	NY Route 23	Greene County Route 10	7.20	251.50
25	Greene County Route 10	Greene County Route 32C	4.50	256.00
26	Greene County Route 32C	West Conesville	12.60	268.60
27	West Conesville	Doney Hollow	10.75	279.35
28	Doney Hollow	West Fulton	8.40	287.75
29	West Fulton	Middleburgh	12.00	299.75
30	Middleburgh	Albany County Line	12.10	311.85
31	Albany County Line	Switz Kill	11.85	323.70
32	Switz Kill	East Berne	9.00	332.70
33	East Berne	John Boyd Thacher State Park	9.05	341.75
34	John Boyd Thacher State Park	NY Route 146	5.60	347.35
G1	High Point State Park	US Route 6	7.40	7.40
G2	US Route 6	NY Route 211	9.10	16.50
G3	NY Route 211	Old NY Route 17	9.25	25.75
G4	Old NY Route 17	Long Path	1.00	26.75

Map Legend

- Long Path with section boundary and designated parking
- Interstate, US, State, and County Routes
- Palisades Interstate Parkway
- Divided highway
- Other paved roads
- Trails and footpaths
- Rivers and streams
- Wetlands